



US Army Corps
of Engineers®
New England District

Join us this Summer For the Hike of the Week

Thursdays, July 11 - August 29, 2019



Park Rangers will lead the following hikes this summer:

What's Blooming?

Take a stroll along the Canal with a Park Ranger to identify plants in bloom. Discover what's native, non-native or invasive, and the benefits, or potential harm, they have to wildlife and humans. ½ mile.

July 11

10am – 11am

- Meet at the Cape Cod Canal Visitor Center

Bike Hike

Learn about the Canal while riding your bicycle alongside the waterway. Cape Cod Canal Park Rangers or volunteers will ride with you, share interesting stories and images, and point out many unique features of the Canal.

July 18 & August 15

9am-12pm

- Meet at the Sandwich Recreation Area, 70 Freezer Rd, Sandwich, MA
- 13 miles

August 1

9am-12pm

- Meet at the Buzzards Bay Recreation Area restrooms, 100 Main Street, Buzzards Bay, MA
- 14 miles

The Pick-Me-Up Hike

Walking the Canal can be one of the most scenic experiences on Cape Cod. Until you notice litter scattered amongst the rip rap, in the grass, next to the trash can and in the parking lots. On this week's hike we will be picking up litter, sorting it and recording what we have found. Our data will be combined with other trash clean up throughout the year and used to create an educational exhibit to be displayed at the Cape Cod Canal visitor Center in 2020. 1 mile

July 25

10am – 11:30am

- Meet at the Cape Cod Canal Visitor Center

Low Tide Exploration

Join a Park Ranger for a walk along the shoreline at the Canal's east end. During this walk, we'll explore life along the beach, focusing on the intertidal zone. Discover how this area has changed and continues to change, and how the plants and animals adapt to living in such extremes. 1 mile.

August 8

10am-11:30am

August 22

11am-12:30pm

- Meet at the Cape Cod Canal Visitor Center

Bournedale Trail Hike

Bournedale, the village that disappeared! Find out how this bustling community became part of the bed of the Cape Cod Canal. What was lost and what was gained 100 years ago? Learn about the folks that made their living from the land and the wealthy New York businessman that changed everything. 1 ¼ miles.

August 29

10am-11:30am

- Meet at the Herring Run Recreation Area Info Building. 830 Scenic Highway, Bourne

The Cape Cod Canal Visitor Center is located at 60 Ed Moffitt Drive, Sandwich, MA. 508.833.9678
www.capecodcanal.us