

# Yankee Engineer

U.S. Army Corps of Engineers, New England District, Volume 47, No. 5 February 2014

*Building Strong*

®



*District awards contract for new  
Hanscom Air Force Base  
Middle School*

*Story on page 4*



# Yankee Voices

Bob Henderson and Susan MacDonald



## Sympathy

...to **Steve Dunbar**, Project Management, on the passing of his father, **John Dunbar**, Dec. 30. Mr. Dunbar was a fighter pilot with the 39<sup>th</sup> Fighter Squadron. His unit was sent to New Guinea where he flew over 150 missions before coming home to be a training officer. Mr. Dunbar also served during the Korean War when he was called back to active duty to train other pilots before being honorably discharged as a major.

... to the family and friends of Engineering/Planning retiree **Patrick Tornofoglio**, who passed away Jan. 3. In addition to his service with the New England District, he served in the U.S. Army from 1958-1960 and was recalled for the Berlin Crisis from 1961-1962.

... to **Bob Casoli**, Construction Division, on the passing of his father, **Robert Casoli**, Jan. 27. The elder Mr. Casoli faithfully served his country during the Korean War aboard the USS Okanogan-APA 220.

## National Engineers Week

Traditionally held the third full week of February, National Engineers Week is observed by more than 70 engineering, education, and cultural societies, and more than 50 corporations and government agencies. The purpose of National Engineers Week is to call attention to the contributions to society that engineers make. It is also a time for engineers to emphasize the importance of learning math, science, and technical skills.

"Engineering is the application of math and science to create something of value from our natural resources." Note that the definition states that engineering is not science. Science is about discovering the natural. Engineering is creating the artificial. Theodore Von Karman, an aerospace engineer, put it nicely when he said, "Scientists discover the world that exists; engineers create the world that never was."

Throughout the history of our great nation, engineers have played a key role in its growth and development. They have done it by designing solutions to every problem and finding ways to overcome every obstacle. They have turned ideas into reality and helped make America a model of innovation and progress.

The U.S. Army Corps of Engineers has been a major contributor to that growth and development. From the beginning, when we were asked to design and build fortifications to protect the fledgling country right on up to the present, where we support the military and the nation in numerous ways. We have been constantly called upon to solve problems, overcome obstacles, and "create the world that never was."

You are all part of that legacy. You have helped transform and enhance the quality of life for the citizens of our nation, for the Armed Forces that protect it, and the world in general. During this week, take a moment to reflect upon the achievements of engineers throughout history, and your achievements as part of the Corps of Engineers.

Thank you for a job well done! Reflect on your successes, take pride in your heritage, and strive to continue doing the great work you do.

Building Strong!  
**Don Degidio**  
**Colonel, U.S. Army**  
**Deputy Commander**  
**North Atlantic Division**  
**U.S. Army Corps of Engineers**



# Commander's Corner: National Pride...as told by an Olympics Junkie!

By Col. Charles P. Samaris  
District Commander



*"If you believe in yourself and have dedication and pride (in your team and teammates) - and never quit, you'll be a winner. The price of victory is high but so are the rewards."*

*~ Paul "Bear" Bryant  
Head Football Coach, Alabama  
(1958-1982)*

out is the broad diversity of the USA Olympic Team. Our diversity is clearly our strength. It's exciting to see such a broad spectrum of athletic skills displayed by a team composed of nearly every race, ethnicity, religion, color, creed, age, lifestyle...you name it. And gender...honestly, the female hockey team absolutely played their guts out...as did our snowboarders and many, many others. They played to win. They made me proud!

Believe it or not, I get the same feeling of pride when I think of each and every one of you. You...the New England District team...like our Olympic team...play an important role in serving our region and nation. You represent a broad spectrum of engineering and science expertise and skills. You represent the full spectrum of individual diversity. You're all committed to our values. You play your guts out. You overcome obstacles. You play to win. You make me proud!

Every day, members of the New England District team are on the front line of public service for New England and the nation. You represent our values well!

New England Team,  
Yes...I am an Olympics Junkie! A National Pride Junkie! Winter games...summer games...it matters not. I watch – and emote - throughout it all...even curling (you know, the sport with the big rock and brooms). Why? National pride...that's why! Really... I'm not much concerned with the sport, skill or individual players...all I know is the United States of America is competing in something against some other country... period! That's all I need to know. I get engaged, emotional and proud of our national athletes as they leave it all out there on the International athletic field of battle. National Pride...get some and love your country!

Another aspect of National Pride that normally stands

**New England District**

**VALUES**

<b>Character</b> Live Army Values	<b>Passion</b> Be A Catalyst
<b>Service</b> Nation Before Self	<b>Results</b> Quality, Cost, Time

**VISION**

To be a model USACE District and a trusted public servant to the people of New England and the Nation.

1. Be Professional, Values-based, Ethical Leaders and Experts
2. Deliver Superior Results, Under Budget, Ahead Of Schedule

**GUIDING PRINCIPLES**

1. Develop principled leaders
2. Grow credentialed technical experts
3. Empower a 100% engaged workforce
4. Hire great people with our values
5. Build strong partnerships
6. Implement effective systems
7. Integrate emerging technologies
8. Steward federal resources

It is an honor to serve alongside you!  
Essays!  
Serving New England since 1775!

*"Generosity is giving more than you can, and pride is taking less than you need."*

*~ Khalil Gibran  
(Poet, painter, writer, philosopher, theologian, visual artist)*

*"Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction."*

*~ Margaret Thatcher*



Artist rendition of the new Middle School that the New England District and their contractor will be constructing for Hanscom Air Force Base.

Provided by J&J Contractors

## *New England District awards \$31.6 million contract to build new middle school on Hanscom Air Force Base*

**By Timothy Dugan  
Public Affairs**

A new middle school will be constructed at the Hanscom Air Force Base in Bedford, Mass., under the terms of a \$31,687,000 contract issued recently by the New England District.

Work will be accomplished by J & J Contractors, Inc., of Lowell, Mass. Preliminary site work is scheduled to begin in the spring of 2014. The project will take approximately 27 months to complete. The contract was awarded on Dec. 20, 2013.

This project will be to construct a new middle school to replace the

existing middle school on Hanscom Air Force Base.

The project will include general purpose classrooms, a gymnasium, information center, computer lab, science labs, supply areas, specialist rooms, music room, art room, learning impaired room, teacher work rooms, counseling areas, storage and administrative offices and information center areas, and other required areas for a fully functioning facility. The project includes related infrastructure such as parking areas, mechanical rooms, delivery areas and playgrounds. Site improvements will include signage,

fencing, paving, landscaping, exterior lighting and utilities. Construction will require the demolition of the existing buildings and supporting facilities at the Hanscom Middle School.

Robert Leitch, PP-M, is the Project Manager, and all work will be accomplished under the construction supervision of James Conway and his team to assure compliance with contract requirements. For more information about Corps' New England District contract solicitations for work or contract awards visit the website at: <http://www.nae.usace.army.mil/BusinessWithUs/Contracting.aspx>.

# New England District, Maine DOT hold Water Quality Certification pre-application public information meeting on Searsport Harbor dredging proposal

By Timothy Dugan  
Public Affairs Office

The New England District and the Maine Department of Transportation (DOT) held a Water Quality Certification pre-application public information meeting as required by the Maine Department of Environmental Protection. Held on Feb. 24, in Bangor the meeting focused on the proposal for maintenance and improvement dredging of the Searsport Harbor Federal Navigation Project in Searsport, Maine.

The Maine DOT is the non-Federal sponsor for the USACE feasibility study.

“The primary purpose of this meeting is to inform the public of the proposed project, to provide the public an opportunity to ask questions about the project, and to inform the public of opportunities to comment on the project to the Maine Department of Environmental Protection,” said Larry Rosenberg, Chief, Public Affairs and moderator for the meeting.

The meeting took place at the Cross Insurance Center in Bangor, Maine, from 6 to 8 p.m. About 170 people attended. In addition to concerned citizens representing themselves and local organizations, representatives from Sen. Susan Collins, Sen. Angus King, members of the Maine State Senate and Legislature, as well as local



A member of the public speaks during the informational meeting.

Photo Courtesy of Ron Huber & Penobscot Bay Watch

Selectmen and chambers of commerce were on hand to ask questions and make comments. Students from the New England School of Communication attended as part of their American Government class. Students from the Maine Maritime Academy also attended. John Henshaw, Executive Director, Maine Department of Transportation, Maine Port Authority, began the formal presentations by welcoming the audience. Barbara Blumeris, Study Manager, gave an overview of the proposed federal navigation improvement study and project. Steve Wolf, Disposal Area Monitoring System Program Manager, concluded the official presentations with an overview of the Penobscot Bay Disposal Site.

After the formal presentations, attendees were welcomed to ask questions. Many questions focused on the

quality of material that is proposed to be dredged to include whether or not enough testing of the material has been performed and the depths to which the harbor is proposed to be dredged.

In response to a resolution of Congress dated July 26, 2000, the New England District, in partnership with the Maine Department of Transportation,

Maine Port Authority,

has undertaken a feasibility study of navigation improvements to the existing Federal Navigation Project at Searsport Harbor (Mack Point) in Searsport, Maine.

The selected project would deepen the existing entrance channel and turning basin from a depth of -35 feet to -40 feet at mean lower low water. In addition, the entrance channel, currently 500 feet wide at its narrowest point, would be widened to 650 feet, and a maneuvering area adjacent to State Pier's east berth in Long Cove would be created.

Dredged material would be disposed at the identified disposal sites in Penobscot Bay. With the proposed project, deep draft vessels would be able to access the port more efficiently, and transportation costs for goods arriving at the port would be reduced.



Lt. Col. Charles Gray with the Leadership Development Program's graduating class.

Photo by Brian Murphy

## *District Team members graduate from Leadership Development Program*

The New England District's Leadership Development Program (LDP) held its annual graduation/kick off meeting in the Concord Park Theatre, Jan. 29.

Steve Dunbar, LDP Director, congratulated the eight graduates of the two year program. They were Michael Adams (Chris Hatfield, Mentor), John Almeida (Dave Margolis, Mentor), Patricia Bolton (Frank Fedeles, Mentor), Christine Johnson-Battista (John Astley, Mentor); Jason Paolino (Cori Rose, Mentor), Jennifer Samela (Joe Faloretti, Mentor), Stephen Umbrell (Dave Margolis, Mentor) and Jeff Teller (Sean Dolan, Mentor).

Lt. Col. Charles Gray, New England District Deputy Commander, congratulated the graduates. He read a note from Col. Charles Samaris, who could not attend, to the graduates of the program. Lt. Col. Gray had his own words of encouragement to the graduates. "Never miss an opportunity to push out of your comfort zone," he said. "You never know what you are capable of until you get out of your comfort zone and fail a couple of times and then get right back in. Sometimes the biggest failures can lead to the biggest successes."

After Lt. Col. Gray's remarks, Dunbar went into the Program's two-hour kick off to include an overview of FM 6-22 (Army Leadership); the objectives of the District program structure; roles and responsibilities; curriculum objectives and methodology; the planned curriculum for 2014; and program benefits. Dunbar also supplied a list of resources, leadership examples and quotes before he took questions from the audience.

The New England District LDP is based on the "BE, KNOW, DO, LEARN" principles of Army Leadership with the goal to develop today's leaders who want to take the chance to develop their leadership skills.

The LDP is a personal commitment – it takes time from normal work time as well as personal time. Program participants are expected to invest time outside the office to complete assignments and reading requirements.

Participants are expected to commit to the entire two-year program, participate actively in all aspects of the program to include assessment, team feedback and evaluations, think outside the box, and improve self awareness and team building skills. The first year participants focus on personal assessment while second year participants focus on leadership application, including facilitating first-year program sessions, shadowing senior leaders, and working on executive office sponsored projects.

What benefits are derived from all this hard work and commitment? According to the LDP Sharepoint site there is a lot to be gained -- participants will be exposed to senior level leaders and the District's strategic operating environment; they are positioned to take advantage of multi-functional relationship building; they are provided opportunities to apply newly gained leadership skills and attributes as well as opportunities to participate in corporate initiatives to improve the organization.

Application into the first year of the two year program is open to all New England District team members with supervisory approval. The second year of the program is open to first year graduates. Those who graduated from the first year and will be continuing on to the second are Wendy Gendron (Mentor Scott Acone), Michael Bachand (Mentor John Astley), Alan Anacheka-Nasemann (Mentor Sean Dolan), Amelia Bourne (Mentor Gary Lacroix), Kristine Blanchette (Mentor Steve Dunbar) and Joshua Levesque (Mentor Scott Michalak).

A call for applications goes out to the District in December. Selectees for the 2014 LDP class are Joe Ferrari (Mentor Frank Fedeles), Megan Cullen (Mentor Mark Anderson), Dean Brammer (Mentor Scott Acone), Byron Rupp (Mentor Scott Michalak), Meghan Quinn (Mentor Theresa Negron), Michael Riccio (Mentor Dave Margolis), Kim Pumyea (Mentor Mark Anderson) and Ted Frazzetta (Mentor Sheila Winston-Vincuilla). More information on applying for the 2015 LDP can be found online on the shared drive under LDP.



Kathleen Pendergast with Brig. Gen. Kent Savre.



Peter Hugh with Brig. Gen. Kent Savre. Photos by Brian Murphy



Paul L'Heureaux with Lt. Col. Charles Gray. Photo by Maryellen Iorio

## *New Bedford Superfund Project team members honored*

Three New England District team members received high honors for their work on one of the District's long-time, high profile projects.

Paul L'Heureaux, Project Engineer, Kathleen Pendergast, Legal Counsel, and Peter Hugh, Engineering Technical Lead, all received Achievement Medals for Civilian Service for their significant contributions to the ongoing accomplishment of the District's mission at the New Bedford Harbor Superfund site in Massachusetts.

All three played very different, but very important roles in the project. L'Heureaux was recognized for being a key and essential leader for the day-to-day operations at the project from May 25, 2012 to May 24, 2013.

According to the citation, L'Heureaux's substantial leadership skills ensure success by providing the U.S. Environmental Protection Agency (EPA) with a consistently high quality product at a reasonable cost.

"As a direct result of Mr. L'Heureaux's significant contributions, the annual dredging, dewatering and treatment of highly contaminated sediment from the Acushnet River have operated smoothly," read the citation.

"Mr. L'Heureaux's keen negotiation skills in the off season set the stage for another successful dredge season in 2013."

Pendergast provided essential legal counsel from Oct.

10, 2012 through June 2013.

As a result of her timely and valuable contribution, including coordination with the principle assistant responsible for contracting legal staff, the complex contracting documents were approved to meet tight project deadlines.

"Ms. Pendergast's substantial legal expertise ensured our success by providing timely legal advice and input," read the citation.

Hugh received his honor for serving as a key and essential leader for the execution of work, not only for the New Bedford Harbor Superfund Site, but also for the GE Housatonic Superfund Site and the Devens Base Realignment and Closure Sites.

According to the citation, "During the period of Jan. 7, 2012 through June 30, 2013, Mr. Hugh consistently demonstrated high standards of professionalism, extraordinary leadership and a highly positive attitude in his role as Engineering Technical Lead."

Hugh and Pendergast received their awards from Brig. Gen. Kent Savre, NAD Commander, when he visited the District last fall. L'Heureaux, who was unable to attend the presentation, received his award in January.

New Bedford Harbor Superfund Site is an 18,000-acre estuary with sediment highly contaminated with Polychlorinated biphenyls (PCBs) and heavy metals, according to the EPA.

From the 1940's until the 1970's two manufacturing facilities improperly disposed of industrial waste containing PCBs and contaminated the harbor for a six mile radius, from Acushnet River to Buzzards Bay.

EPA placed New Bedford Harbor on the National Priorities list for clean up in 1982, and the New England District has been working closely with the agency since that time.

On Sept. 19, 2013, the U.S. District Court for the District of Massachusetts approved a Supplemental Consent Decree which requires AVX Corp., to pay \$366.25 million plus interest for the New Bedford Harbor cleanup effort.

These funds will allow for accelerated cleanup of PCB-contaminated sediment in the harbor.

As a result of the settlement, protection of public health and the environment will be more rapidly achieved.

This will allow for expedited remediation of the PCB-contaminated sediment reducing the time for cleanup from 40 years to 5-7 years.

Since 2002, approximately 250,000 cubic yards of 900,000 cubic yards of PCB-contaminated sediment have been dredged from the harbor.

This long-term project involves removing hundreds of thousands of more cubic yards of contaminated sediments if the clean up goals established by EPA's Record of Decision are to be achieved.

## *Contract awarded for Stamford Hurricane Barrier electrical repairs*

**By Timothy Dugan**  
**Public Affairs**

Electrical repairs to the Stamford Hurricane Barrier in Stamford, Conn., will be provided under the terms of a \$240,900 contract recently issued by the New England District.

Work will be accomplished by A & R Electric, Inc., of Bridgeport, Conn. The contract was awarded on Jan. 17. Construction is scheduled to start in April and take approximately three weeks to complete.

Work includes replacing two existing conduits and branch circuit and control wiring that run from the west abutment below the navigation channel under water to the east abutment of the barrier. The two existing conduits will be removed and four new 4-inch diameter PVC-coated rigid steel conduits, and the associated wiring will be installed. Of the four new conduits, two will contain power wiring, one active and one redundant, and two conduits will contain control wiring, one active and one redundant. All final terminations to power panels and control panels will be included.

Additional work consists of replacing multiple electronic components as-

sociated with the gate control system. Electrical demolition work also includes the removal of limit switches located in the sump discharge well. The contractor also will perform diagnostic work on electronic components.

The project will be managed by the Corps and all work will be accomplished under the supervision of a Corps' Quality Assurance Representative to assure compliance with contract requirements.

The Project Engineer is Pat Devin and the Construction Control Representative is Dan Teague.

For more information about the Stamford Hurricane Barrier visit the website at: <http://www.nae.usace.army.mil/Missions/CivilWorks/FloodRisk-Management/Connecticut/Stamford.aspx>. A map is available at: <http://www.nae.usace.army.mil/Portals/74/docs/Navigation/CT/STA/STAmmap.pdf>.



Aerial view of Stamford Hurricane Barrier.

Corps of Engineers photo

## *District awards contract for repair to Green Harbor east, west jetties*

**By Timothy Dugan**  
**Public Affairs**

The Green Harbor East and West jetties in Marshfield, Mass., will be repaired under the terms of a \$1,177,400 contract issued recently by the New England District. Work will be accomplished by Atlantic Support Installations, Inc., of Hopedale, Mass. Construction is scheduled to start in late May or early June and take about four months to complete. The contract was awarded on Feb. 10.

Green Harbor in Marshfield is situated in the northwestern end of Cape

Cod Bay, about 30 miles southeast of Boston and nine miles north of Plymouth Harbor. The work involves maintenance, by way of making repairs, to bring the structures back to their authorized dimensions and full functionality, repairing damage sustained during Hurricane Sandy and subsequent nor'east storms.

"Approximately seven separate areas of the east and west jetties will be repaired," said Project Manager Bill Kavanaugh, Programs/Project Management Division. "The work involves a combination of acquiring and placing

new stone, reusing some displaced stone, and installing sheet piling to sand-tighten a section of the landward end of the east jetty."

The project will be managed by the Corps under the supervision of Quality Assurance Representatives Nathan Mangelson and Robert Zwalen from the New Bedford Resident Office to assure compliance with contract requirements.

For information on the Green Harbor navigation project visit: <http://www.nae.usace.army.mil/Missions/CivilWorks/Navigation/Massachusetts/GreenHarbor.aspx>.



# Kevin McKelvey retires after 35 years of service

Friends and co-workers traveled to Waxy O'Connor's Restaurant in Lexington, Mass., to celebrate Kevin McKelvey's career in Resource Management and his decision to retire after 35 years of service.

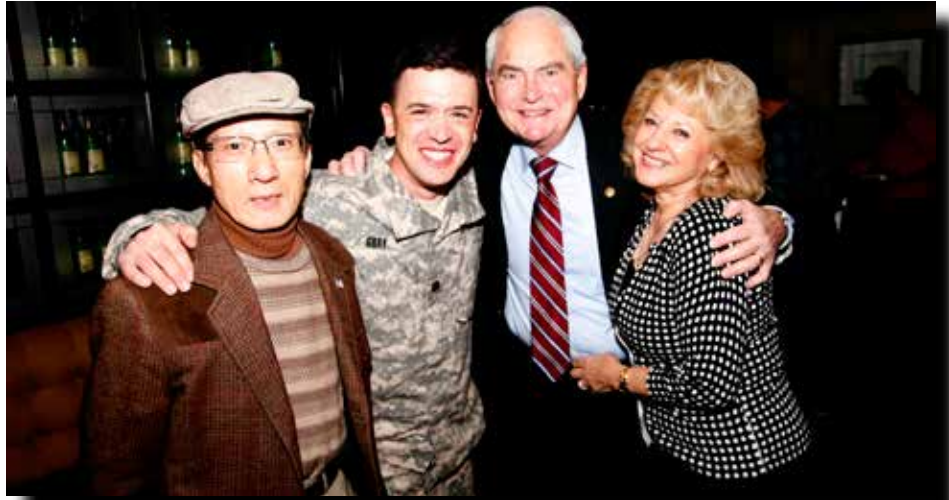
About 50 people attended McKelvey's luncheon. Bob Henderson served as Master of Ceremonies. He recognized the retirees that attended and all the different offices that showed up to honor McKelvey's career.

The MC said he's known McKelvey for a good, long time and had Human Resources pull his file for a little background on his career. "Back in 1990 he was my boss for a short time," he said. "I found that interesting because I don't remember that."

Henderson told several funny stories about his adventures with McKelvey. Stories included McKelvey's exceptional handling of the Government Credit Card Program, the time when McKelvey educating a former Division Commander on the correct use of a government travel card and his very detailed annual performance appraisal input. "He has no qualms in educating a Commander on proper credit card use and no qualms about educating his boss."

Henderson also talked about how the big-hearted man came in on his annual leave to activate a credit card for someone the day before Thanksgiving -- just before leaving to deliver turkey dinners to those less fortunate. "That's just the kind of person Kevin is," said Henderson. "Thank you for being my friend, mentor and a great employee."

After Henderson's remarks he invited others to stand and say a few words about McKelvey. Several people took him up on the offer. Wayne Johnson called McKelvey, a classy, stand-up model gentleman. "When I grow to maturity, I'd like to be just like him," he said.



Wing Yau, Lt. Col. Charles Gray, Kevin McKelvey and Angie Vanaria at the retirement lunch.

Photo by Brian Murphy

Zina Casulo-Henderson recalled that McKelvey was a stickler for quality and told a funny story of how he wanted her to retype something because he thought she spelled her own name wrong. "I told him, 'it's my name and I'll spell it any way that I like,'" she chuckled.

Wing Yau remembered the time when he ran into McKelvey and his wife, Millie, at a New England casino. "Kevin works hard and plays hard," said Yau.

Cathy LeBlanc was next to take the microphone and told everyone about the time that McKelvey attended a Girl Scout Gold Award ceremony in Burlington, Mass., as the Town Selectman. "He didn't just stand up and give general congratulations," she said. "He spent a lot of time researching what the award was and gave a detailed history of what the girls had to do in order to get this award. I thought that was very impressive."

After everyone who wanted to address McKelvey did so, Henderson presented him with a Minuteman Statue from the audience and a \$200 bill with McKelvey's picture on it so he can take it to the casino.

When it was McKelvey's turn to speak, he said that as of the day of the lunch, no one was delinquent on their government travel cards. He thanked

everyone for coming and he thanked God for allowing him to complete his career in good health. McKelvey told the audience that he was retiring with 35 years of federal service, 30 of which were served at the New England District. He gave a short recap of his career, naming people with affection to include Angie Vanaria, Janet Brayden, Chris Way, Henderson, Bill Scully and retirees Steve Rubin and Charlie Coe.

Lastly, he thanked Sue MacDonald, calling her a great supervisor. McKelvey presented Vanaria, Scully and MacDonald with small gifts of his appreciation for their friendship and their help over the years.

Deputy Commander, Lt. Col. Charles Gray, presented his retirement certificate signed by Col. Charles Samaris, New England District Commander, his retirement pin and a Commander's Coin. Lt. Col. Gray also recalled his own story about McKelvey and his credit card training shortly after he arrived at the District last summer. "Thank you for your many years of service and for bringing personality to the job," he said.

Distinguished Civilian Gallery member Ralph Mallardo attended McKelvey's lunch. Other retirees who went to wish him well were Brenda Faragi, Greg Buteau and Chris Lindsay.



Dick Heidebrecht receives a Commanders Award for Civilian Service from Col. Charles Samaris, New England District Commander.



Dick Heidebrecht looks over his awards during the party.

Photos by Brian Murphy



Kathy Bucciarelli (right) presents Cheryl Heidebrecht with a bouquet of flowers at the party.



Dick Heidebrecht poses with New England District retirees who attended his party to wish him well.

## District's Senior Planner Dick Heidebrecht retires

The bad New England weather this winter has made Dick Heidebrecht long for warmer climates and retirement. Family, friends and coworkers joined Heidebrecht in celebrating his 40-plus year career, Jan. 3, at Waxy O'Connor's. Approximately 65 people attended the after-hours celebration.

Scott Acone, Chief, Engineering/Planning, served as Master of Ceremonies. Other speakers at the event were Dave Larsen, George Claflin and Gary Lacroix, some of who presented personal mementos after their presentations.

Kathy Bucciarelli presented Heidebrecht's wife, Cheryl, with a bouquet of roses from the District in appreciation for supporting her husband during his long and distinguished career.

Heidebrecht received a Minuteman Statue and a gift certificate for golf

equipment from the audience. Col. Charles Samaris, New England District Commander, assisted by Acone, presented Heidebrecht with a Bunker Hill plaque, a Commander's Award for Civilian Service, his retirement certificate and pin.

During his farewell remarks, Heidebrecht presented co-workers Wendy Gendron, Barbara Blumeris and Bucciarelli with small gifts of appreciation.

Heidebrecht retired as the District's NAD Regional Geotechnical Specialist for Plan Formulation as well as one of NAE's Senior Planning Study Managers.

The District's newest retiree boasts an impressive body of work during his career, most notably work on the Muddy River Project in Boston, Mass., Camp Ellis in Saco, Maine, and the Portsmouth and Hampton Navigation

Planning Studies. According to Acone, Heidebrecht built a strong relationship with NOAA during his career that resulted in the District's involvement in some significant work at Woods Hole, Mass., supporting both dredging and infrastructure improvement.

In addition to his wife, Heidebrecht's sons Richard and Andrew as well as Richard's fiancé, Maggie, accompanied him to the party.

Retirees who came out to welcome the Heidebrecht's into the District's retirement community were Joe Bocchino, Greg Buteau, Doug Cleveland, Joe Colucci, Mark Geib, Bill Holtham, Sue Holtham, Tony Mackos, Bob Meader, Bill Mullen and Don Wood.

Heidebrecht plans on spending his time between his home in Massachusetts and spending time with friends and enjoying the warm, Florida weather.

## New England District Team Members support heart disease awareness during 'National Wear Red Day'

The Federal Occupational Health Office (FOHO) teamed up with the District's Safety Office and the Federal Women's Program to sponsor a "Wear Red Day," Feb. 7. All New England District Team members were encouraged to wear red to show their support for Heart Health Awareness and to fight heart disease.

February is the American Heart Association's National Heart Month. According to the organization, Heart disease is the No. 1 killer of women, killing more than all forms of cancer combined. Many of these deaths can be prevented, but most women don't notice the symptoms until it's too late, which is why it's been called the silent killer.

Early detection through screening can help prevent heart attacks. The FOHO continues to offer cardiac risk profiles to all employees. District employees are encouraged to stop by the office and get more profile information. For more heart healthy tips, please go to the American Heart Association's website at <http://www.heart.org/HEARTORG/>.



Photo by Brian Murphy

Members of the New England District Team wear red to raise heart disease awareness during Wear Red Day, Feb. 7.



Barbara Newman samples some chili from this year's dozen offerings.



Photos by Brian Murphy

Chris Scabia and Siamac Vaghar get ready to vote for the favorite chili.

## New England District Committee holds annual Chili Fest event

The WEA Committee hosted the 2014 Chili Fest on Jan. 31. A total of 12 team members submitted chilies to be judged. After the votes were tallied, the new 2014 Corps Chili Champions were crowned. Congratulations to this year's winners Rich Fortuna, Regulatory, for his beef chili, and Rhonda Anderson, Engineering, for her vegetarian chili, which also took 3rd place overall. Grace Bowles, Planning, took 2nd place for her beef and sausage chili recipe. 1st place winners won \$30 gift certificates and the 2nd place winner won a \$20 gift certificate. Robbie Russo, Contracting, spearheaded this year's event. (Story by Greg Penta)

# Dredging up the past



Photo of the Regulatory staff during a "Wetland Minicourse" by Dr. Frank Golet, University of Rhode Island in May 1986. Terry Flieger (from left), Crystal Gardner, Gene Crouch, Karen Menczer, Doug Sparrow, Rich LeClerc, Mike Sheehan, Karen Kochenbach, Carl Melberg, Tony Davis, Jill Strauss, Charlie Newling and Frank Golet posed for the picture taken by Bill Lawless, retired Chief, Regulatory Branch.

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